

Delirium Best Practices in Acute Care

This course will cover delirium in the acute care setting. This course was created based off of a capstone experience through a partnership with Legacy Health. This course will include information on delirium best practices for occupational therapists and rehabilitation teams in acute care settings, barriers to implementing best practices, and solutions for overcoming barriers.

Speaker Bio:

Serena Badgley, OTD, OTR/L is a 2021 graduate from the Doctor of Occupational Therapy program at Pacific University. She is working with Infinity Rehab in an outpatient setting in two of the retirement communities in the greater Portland Metro area. She has a passion for serving the older adult community to improve quality of life by supporting their occupational engagement.

McKenzie Singhal, OTD, OTR/L earned her Doctorate in Occupational Therapy from Pacific University in 2015. She currently works at a level one trauma hospital in Portland, OR as an occupational therapist lead. McKenzie also provides care and occupational therapy student supervision at Pacific University's Interprofessional Diabetes Clinic. McKenzie's areas of interest include rehabilitation of trauma-related injuries, specialized care practices for the geriatric population, and health literacy. McKenzie enjoys exploring the beautiful landscapes of the Pacific Northwest, spending time with family and friends, cooking, and yoga.

By the end of the session, participants will be able to:

- 1) Describe at least five best practice interventions to use with someone with delirium.
- 2) Identify at least three barriers to implementing best practices in the acute care setting.
- 3) Provide at least three solutions that help overcome stated barriers to implementing best practices.

Course Timeline:

Introduction and definition of delirium
Short description of capstone experience
Evaluation of the current practices and best practices of delirium in the acute care setting
Barriers to implementing best practices
Discussion of knowledge vs comfort as a barrier to delirium best practices
Group conversation to identify solutions for stated barriers
Conclusion

This course is recognized by the Oregon Occupational Therapy Licensing Board for one contact hour.

