

# OT All Around Us

## Course Synopsis

Join us for this gut-wrenching presentation and motivational message brought to you by the founder of the world-renowned certification program 'OT ALL AROUND US' (OTAAUTM). Using storytelling, functional demonstrations, and video projection, Dr Higgenbottom - aka, DOC, invites us all on a journey chronicling the experiences that have shaped her prolific life as an OT thinking outside of the box. From rags to riches and no school debt, you too can become a certified leader in OTAAUTM. So what are you waiting for? How many times in life have you put your fist down and thought "Well, gee, obviously nobody consulted with an occupational therapist on the matter!" Are sick and tired of our profession not being taken seriously? Well then this lecture is for those who are serious about not being serious - and by that I am 100% serious. Saddle up ponies! Experience DOC live - discover your inner giggle, unleash your funny bones, AND reignite your passion for describing what OT is to other people! We are going to shine a big bright light on our skill sets! This level of OT work is next level. So quit your hustling, start your scaling, and let's all make the late great Claudia Allen proud!

## Speaker Bio

Kelly Nesbitt,OTR/L is performance artist who plays at the intersection of humor and healing. With extensive training in the field of humor, Nesbitt has been awarded grants for the creation of solo and interdisciplinary ensemble performances, toured internationally, produced numerous performances, and been a DIY community arts organizer.

She embodies the archetype of the fool. Performance aesthetics employ recycled layered costuming, makeshift props, and superhero motifs. Video work experiments with raw facial close ups and lowbrow video editing techniques for comedic effect.

**Financial Disclosures:** Ms. Nesbitt does not receive an honorarium for this course.

**Nonfinancial disclosure:** There are no nonfinancial disclosures.

*By the end of this presentation, participants will be able to:*

- 1) Develop a personal statement that describes the value of occupational therapy.
- 2) List at least two strategies to overcome common OT pitfalls and BOOST your OT self-confidence.
- 3) Describe evidence-based therapeutic humor techniques to increase memory recall.

*This course is an Introductory Level, with content focus in Occupational Therapy Service Delivery. Completion of this course is recognized by the OT Oregon Licensing Board as 1.5 contact hours.*



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