

Facilitating Arm and Hand Recovery in the Hemiplegic Patient

This course will be presenting several of the techniques that I have found to be helpful to facilitate a person with hemiparesis recovery of movement and function. I will be doing an extensive demonstration of a treatment session with a patient and talk through the thought process as I go. The patient will be one with little to no active movement, so far. This workshop will not cover the basics of hemi care, use of FES, or of Kinesiotaping. Those are all already covered in the series on Youtube that I did at RIO. This demo will be a more focused on intermediate to advanced treatment techniques. In this follow up I can answer questions, discuss treatment ideas, and clarify any concepts or methods taught in the pre-recorded session.

Speaker Bio

Pete Boudreau, OTR/L has worked with stroke patients in a rehab setting for over 40 years-1st at Emanuel Rehab, and then at RIO. He was the RIO Lead Therapist for many years and retired from full time work in June of this year. He is certified in NDT and has given multiple workshops regarding stroke and TBI care over the years. He received the OTAO Award of Merit in 2001, the Sue Nelson Award-for Promotion of OT education in 2007, and Legacy's Rehab Excellence Award in 2010. Pete has made a series of instructional videos, regarding stroke hemi care, on Youtube that has nearly 300,000 views.

Financial Disclosures: Mr. Boudreau does not receive an honorarium for this course.

Nonfinancial disclosure: There are no nonfinancial disclosures.

By the end of this presentation, participants will be able to:

- 1) Integrate functional tasks as an intervention for patients with hemiplegia.
- 2) Integrate preparatory interventions for patients with hemiplegia.

*This course is an Intermediate Level with content focus in Occupational Therapy Service Delivery.
Completion of this course is recognized by the OT Oregon Licensing Board as 2 contact hours.*



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