

Co-Morbidities/Reversible Factors Affecting Cognitive/Memory Function and How to Intervene

Course Synopsis:

Often overlooked, many co-morbidities and reversible factors complicate the proper identification of the problem at the root of your patients cognitive/memory decline. It is paramount to understand the effects that depression; delirium; obesity; diabetes and marijuana use can have on cognition and memory. Do you understand what effect a patient's ethnicity and education level can have on their cognition? What role does hearing loss and an individual's sleep quality have related to their cognition/memory? Is cognitive rehab effective for memory deficits? Learn 75 ideas to stimulate cognition and memory.

Speaker Bio

Maxwell Perkins, MS, OTR/L, is an occupational therapist with extensive experience with interdisciplinary clinical management focusing on the geriatric population. His clinical focus is on effective assessment and intervention for older adults experiencing memory/cognition issues in a variety of clinical settings including, acute inpatient/outpatient and skilled nursing facilities. Maxwell is an independent consultant/educator and previously served as the rehab education director for two large health care organizations. Maxwell co-authored the article, "Interdisciplinary Team Approach in the Rehabilitation of Hip/Knee Arthroplasties", which was published in the *American Journal of Occupational Therapy*. He presents workshops at both the local, regional and state level and is an adjunct professor in the Pacific University Occupational Therapy program in Forrest Grove, Oregon. He is a member of the State of Oregon Occupational Therapy Licensure Board. Maxwell earned his MS in Health Care Policy and Administration from Mercer University and his BS in occupational therapy from the Medical College of Georgia.

Financial Disclosures: Mr. Perkins does not receive an honorarium for this course.

Nonfinancial disclosure: There are no nonfinancial disclosures

By the end of this presentation, participants will be able to:

1. Name six conditions/co-morbidities that negatively impact an individual's cognitive/memory function.
2. List three reversible conditions (often undiagnosed) that can negatively affect an individual's cognition and memory.
3. Identify the number one intervention strategy to address cognitive/memory deficits and co-morbidities.

This course is an Introductory Level, with content focus in Occupational Therapy Service Delivery and Foundational Knowledge. Completion of this course is recognized by the OT Oregon Licensing Board as 2 contact hours.



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